

An Oasis of Safety and Comfort... Phoenix Renewal Centre and Spa

By Megan Sicoli



“Be careful! Not all spas are created equally!”

A safe haven, located in the heart of Edmonton, Alberta, Phoenix Renewal Centre and Spa is considered to be one of Canada’s leading medi-spas. An oasis for spa treatments, Phoenix Renewal



Centre also offers the latest cosmetic surgery information, medi-spa treatments and procedures.

Unique to Phoenix Renewal, is having a medical doctor on staff. Dr. Barry Lycka, prides himself on being able to oversee the medi-spa, first hand. “Most spas do not have a medical doctor on staff,” says Dr. Lycka, Medical Advisor of Phoenix Renewal. He insists on making patient safety his first priority. “What makes us unique is the in-depth training of the staff members. Here at Phoenix Renewal, each staff member has to undergo 100 hours of training on each tool before we allow them to use the tool on patients,” he says.

Choosing the right medi-spa is a task not to be taken lightly. As Dr. Lycka points out, when choosing a medi-spa for your next procedure, go in with your eyes wide open! “Ask many questions. Is there a doctor on staff? Where is the doctor if

a complication arises?” and so on. Dr. Lycka wants to encourage his patients, by telling them to “Be careful! Not all spas are created equally!”

Phoenix Renewal Centre is also proud of being a member of Leading Spas of Canada. Along with all the latest medical spa treatments, Phoenix Renewal also specializes in microdermabrasion, body treatments, cellulite, tightening, acne scar reduction, rejuvenating laser treatments, and everything else one would desire at a spa! As a bonus, unique to Phoenix Renewal, “We love to educate the public at least once a month by offering in house seminars,” says Dr. Lycka. Phoenix Renewal Centre and Spa strives to make your spa visit a great experience!

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